



**ENDING HUNGER AND POVERTY WHILE CARING FOR THE EARTH**

# HEIFER INTERNATIONAL

Heifer International is a global nonprofit dedicated to helping farming communities around the world lift themselves to self-reliance. In our 75 years, we have helped more than 34 million families break the cycle of poverty. We work with small-scale farmers worldwide to achieve living incomes, ensuring that they have adequate food, housing and other essential resources to lead decent and dignified lives.

• We assess needs at the community level and address these through inputs like animals and training that are compatible with market needs. Doing so enables small-scale farmers and farming communities to build successful businesses, thriving networks and resilient livelihoods. To strengthen our impact, we have aligned our goals with the United Nations' Sustainable Development Goals, particularly zero hunger, zero poverty and gender equality.

## OUR APPROACH ▶

Our values-based, holistic and community development approach helps communities become the drivers of their own change.



### INCREASE IN INCOME & ASSETS

We help farmers by connecting them to markets, improving their access to financial services and helping them employ crop-livestock integration methods.



### FOOD SECURITY & NUTRITION

We train farmers to achieve year-round availability and access to diverse and nutritious food, as well as provide access to water and improved sanitation.



### ENVIRONMENT

Our projects promote best practices that diminish negative environmental impacts of agricultural production and processing while increasing crop yields for families.



### WOMEN'S EMPOWERMENT

We ensure that women in our projects have the training and resources necessary to be leaders in their families and communities, along with increased access to income and assets.



### SOCIAL CAPITAL

We help communities self-direct their development and take advantage of inputs available from development organizations, government agencies and other sources.



### IMPROVED GLOBAL SUSTAINABLE LIVELIHOODS

We believe that the collective power of these components can empower small-scale farmers to reach living incomes and can help lift entire communities out of hunger and poverty.

# OUR WORK

“THERE'S NOTHING TO SAY THAT WE AS A GROUP OF FARMERS COULDN'T DO THIS OURSELVES, BAND TOGETHER. BUT COMING UP WITH THE CAPITAL TO DO IT, AT THE ACCELERATED RATE THAT HEIFER'S ALLOWED US TO DO IT? IT WOULD HAVE TAKEN US 20 YEARS TO DO THIS ON OUR OWN.”

Brandon Gordon, Heifer USA

“WE SAW THAT, WORKING ON YOUR OWN, YOU CAN'T MANAGE TO SOLVE SOME PROBLEMS. WE THOUGHT WORKING AS A GROUP WOULD HELP.”

Omeli Kaposo Tabulo, Heifer Zambia

“WHAT HAS CHANGED IS PEOPLE ACKNOWLEDGE MY CAPACITY. I AM REALLY VERY COMFORTABLE TO SPEAK OUT. WHEN I TALK, PEOPLE LISTEN TO ME.”

Ou Kongkea, Heifer Cambodia

## AMERICAS

Ecuador  
Guatemala  
Haiti  
Honduras  
Mexico  
Nicaragua  
United States

## AFRICA

Ghana  
Kenya  
Malawi  
Rwanda  
Senegal  
Tanzania  
Uganda  
Zambia  
Zimbabwe

## ASIA

Bangladesh  
Cambodia  
India  
Nepal

\* China and Vietnam transitioning from direct Heifer management



### PASSING ON THE GIFT®

Passing on the Gift is the hallmark of our approach. Each family who receives an animal passes on the first female offspring to another family in need, along with training on its care. This unique approach creates a ripple effect that transforms lives and communities, at minimum doubling the impact of the original gift.



### LEADERS IN THE FIELD

We have received numerous awards and recognition for our work, and we are a platinum-level GuideStar participant.



### GET INVOLVED

We offer free school and faith programs that you can implement in your communities today. You can also visit us at our learning centers in Arkansas, located in Perryville and Little Rock.



Gifts to Heifer International are tax deductible and help fund Heifer's total program, unless designated otherwise. Federal employees may designate gifts to Heifer through payroll deduction by entering CFC #12079. Heifer International is a 501(c)(3) organization.

